

media kit

JOSÉ BEEKERS



*You Are More Than  
You Think You Are*

# DISCOVER YOUR FREEDOM!

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*Essential Insights on  
How to Create New, Easy and  
Magical Ways of Living*

## THE BOOK

### DESCRIPTION

Most people live in a completely fake reality, they experience life through a totally programmed consciousness, the Matrix. Thus, they cannot see the Master that they are. This master consciousness is real and free. It can bring the life you want in new, easy and magical ways.

When you are free you can make choices. By doing that, energies will align to serve you. To be free you have to let go of physical, mental and emotional baggage.

In Discover Your Freedom, José Beekers will teach you how to connect with your own master and unravel your matrix - Why it is important during these turbulent times.

### LEARN HOW TO . . .

Free yourself from emotional, mental and physical captivity and feeling stuck by it. Situations that can cause a big desire for freedom are, among a lot of other things, burnout, depression, addiction, a lot of stress and other destructive behaviour and thoughts that turn around in circles, which creates a lot of doubt. The wish for freedom often occurs when therapies bring no solution.

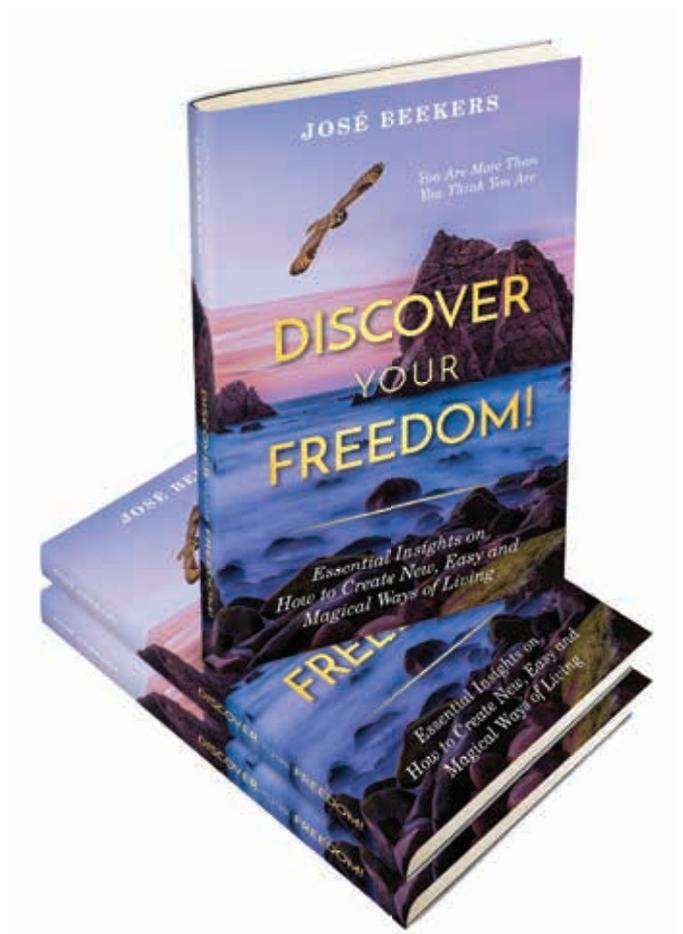
Experience all the advantages of master consciousness such as living in the moment, experience balance and inner peace and a never-ending stream of well-being and abundance.

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**“All the things that truly matter, beauty, love, creativity, joy and inner peace arise from beyond the mind.”**

**- Eckhart Tolle**

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## THE BOOK

## UNCOVER IN THESE PAGES...

- That the Master is more real, therefore you experience inner certainty and you have an influence on the things that you attract.
- That in the Master you make choices from your inner knowing and allow the things you want, to be there.
- That in the Matrix, you live linearly, so caught in time, from the past towards the future, without really being in the 'now'.
- That in the Matrix you live through habits, routines, norms, and beliefs that are limited by definition.
- That computers are going to take over the entire matrix, so for humanity to survive, it is extremely important to allow its master consciousness.
- That to distinguish truth from fake is much easier if you live from your master consciousness.
- That you can solve burnout, depression, addiction, stress and other destructive behaviour and problems by shifting your consciousness from matrix to master.
- What you can do to change your consciousness.
- How you can broaden your perspective and thinking and why that is important.
- How to create a different, more energy efficient relation with the concept of time.
- How to break free from limited beliefs, inner conflicts, and doubts.
- The impact of and the necessity for being creative.
- The impact of meditation and conscious breathing.
- The impact of your communication on your well-being.

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**“Change the way you  
look at things and  
the things you look  
at change.”**

– Wayne W. Dyer

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## THE AUTHOR

**J**osé Beekers is an Author, Writer, Artist and Coach in Breda (South of the Netherlands). She studied Business Economics and Information Technology (Bachelor) and Information Management (Master). She also has a degree to teach in Bachelor level and is a certified Master Practitioner in NLP (Neuro Linguistic Programming).

She was very interested in the new technology that emerged in the eighties and nineties and the changes that came with it in organizations. She worked from 1984 till 2002 in big organizations, in different jobs, as a computer scientist, consultant, project manager, and as a teacher. In this period, she became aware that, ultimately, it is for a big part all about change in insights and behaviour from people, if you want to append changes in organizations.

Parallel to this period, she was dealing with some physical and medical issues since her childhood and she also fell into a long depression. She couldn't find answers in the mainstream world. Driven by a need for solutions, interest, and curiosity, a search arose.

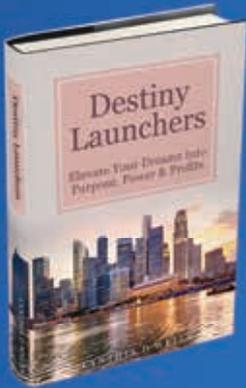
Besides that, she always felt a big desire for authenticity. She came in contact with several alternative therapies, to help in food, behaviour and emotional issues. She started studying and applying NLP in her life. This helped solve a lot of issues in her life, including the depression. She also dived into the new age movement, she studied and worked with flower essences, many kinds of healing modalities and systemic constellation. She worked with meditation and breathing techniques and she immersed herself in spirituality, philosophy and

quantum physics. From 2002 till 2010 she had a thriving coaching business, in which she applied all of the above techniques.

After that followed a period of integration, deepening and experimenting. NLP kept on being very useful. It took years before it got through completely how strongly programmed we live. She describes in this book, in a bright way, how we can 'deprogram' ourselves. Her conclusion is that we are consciousness and with that, we can create our life by attracting energy to it. She is guiding people and groups according to the vision she describes in this book, in a free, inspired and relaxed way.

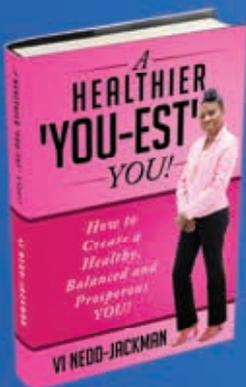


## TESTIMONIALS



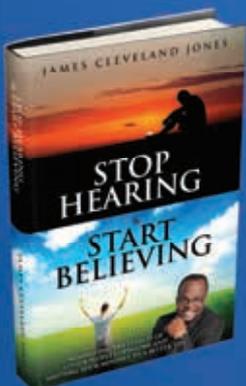
José Beekers utilizes her certified Master Practitioner in Neuro Linguistic Programming with her extraordinary gifts in business, economics and information programming to creatively expose consciousness that gives an amazing and unique way of showing you that 'You are more than you think you are!' *Discover Your Freedom!* is a must read to understand new ways of embracing your essential freedom.

Cynthia Wells, author of *Destiny Launchers*



Tired of living a fake reality? You don't have to live life like a robot. This book will lead you into a new realm of consciousness where you will experience freedom to live and enjoy life. So leave all your old baggage of mental, physical and emotional stresses and learn how to contact your own master and unravel your matrix.

Vi Nedd-Jackman, author of *The Healthier You-Est You*



This book contains vision as well as personal experiences, metaphors and practical tools which makes it fascinating. You will be very pleased with the results you have after reading and applying her techniques.

James Cleveland Jones, author of *Stop Hearing and Start Believing*

## TESTIMONIALS



How to Conquer Life Through Divergent Thinking. Shift your consciousness through divergent thinking from matrix to master with José Beekers. Discover Your Freedom and love the skin you're in!

Dr. Virginia LeBlanc, author of *Love the Skin You're In*

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“Give up defining yourself – to yourself or to others. You won't die. You will come to life. And don't be concerned with how others define you. When they define you, they are limiting themselves, so it's their problem. Whenever you interact with people, don't be there primarily as a function or a role, but as the field of conscious Presence. You can only lose something that you have, but you cannot lose something that you are.”

– Eckhart Tolle

## BOOK INFO

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